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#### FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at Churchstanton Primary School - Advice for Badger Class and any child who travels by bus to Self-Isolate until Tuesday 3<sup>rd</sup> November

Dear Parents and Carers,

We have been advised by Somerset County Council Public Health and Public Health England that there is a highly likely case of coronavirus in our year **5/6 Badger Class** and contact for pupils who **travel to school by bus**. We are working closely with public health and taking a precautionary approach. All other pupils in Squirrel bubble are unaffected and do not need to isolate. Hedgehog bubble are already isolating.

We have followed the national guidance and have identified that your child has been in close contact with the affected child. In line with the national guidance we recommend that your child now stay at home and self-isolate until **Tuesday 3**<sup>rd</sup> **November** which will be 14 days since the child was last in school.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the above period of self-isolation, then they can return to usual activities on Wednesday 4<sup>th</sup> November. Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person <u>https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person</u>

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.









If your child develops symptoms all other household members even those who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stayat-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

# Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

## For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>









The return to school date will be **Wednesday 4<sup>th</sup> November**. Class teachers will be in touch regarding 1 day of remote learning on Tuesday 3<sup>rd</sup> November using our online platform Google Classroom.

Thank you for your understanding and support yet again as we navigate our way through these challenging times. The school has done everything we possibly could to avoid this situation but, after talking to PHE and our Local Authority advisor, they both feel we did well to get this far. Many other schools have found themselves in this position too which I appreciate may offer little comfort as you have to change your plans for half term.

This experience does, however, serve as a reminder for us all to be vigilant and to follow all social distancing and hygiene rules to continue to keep our community safe. It does seem that across the country some people have let their guard down and have operated a rather relaxed approach to the virus. This is not protecting the more vulnerable in our society and I urge you to continue to follow all guidance for our area.

Please stay safe. We look forward to welcoming you back to school on Wednesday 4<sup>th</sup> November. Kind Regards,

Mrs C Halstead Headteacher

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